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## FINDING THE DEEPER MEANING OF METAPHYSICAL COINCIDENCES

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*Malorie Mackey is an actress, host, and writer living in Los Angeles, CA. Malorie's first book was published in 2017 and her short story "What Love Has Taught Me" has been published in the anthology "Choices." You can find Malorie's travel content on dozens of digital media platforms. Check out [www.maloriesadventures.com](http://www.maloriesadventures.com) for more. Malorie's adventures don't just encompass physical adventures. She has been a student of intuition since she was a teenager, studying at Edgar Cayce's A.R.E. In 2019, Malorie discovered the Monroe Institute while filming her travel show. Since then, she has been studying the art and science of consciousness through many different programs and life experiences.*

I was talking with someone last week about our experiences in Monroe Institute programs, and we were discussing the metaphysical "coincidences" that come up. What do I mean? In programs, trends often come up that may at first seem like coincidences. Upon closer look, they sometimes appear to have much deeper meanings than initially thought.

For instance, the first time I went to Focus levels 34 & 35 in **Exploration 27**, I saw a black cat with me as I mentally approached the crystal to meet with my group. The cat stayed with me as we went through the exercise. As I shared my experience with the group afterward, the girl sitting next to me jolted up and exclaimed, "Oh my gosh, I wasn't going to say anything, but I saw myself as a black cat that whole exercise!" Was it a coincidence? Or had I picked up on what she was sending out throughout the exercise?

Similarly, another friend shared how she had connected with someone who had recently passed away, whom one of her fellow program mates was trying to contact in **Lifeline**. She received the experience on behalf of the program mate, as a metaphysical proxy. Time and time again, when you journey with like-minded people, these little easter egg moments, like unexpected gifts, can pop up and enrich the experience. It would be easy to consider them *just* coincidences, but if something presents itself to more than one person, or to one person on behalf of another, I believe there's a good reason for it. Both people involved in that experience become intertwined in a special moment, offering an opportunity to look into why it might have happened. Is there a message trying to reach them both or an experience that could benefit them both?

For instance, in my story, why was my fellow participant seeing herself as a cat in that exercise? That's a great question she could ask herself. I would then ask myself, "Why was I able to see her as a cat? Why was I the one who picked up on this?" The answer, of course, is personal. How you perceive anything on your journey is exactly how you're supposed to and what you need at any given time. Our higher selves are always looking

out for us and sending us what we need when we need it most. These small coincidences are great examples of what are typically considered meaningful synchronicities worthy of consideration. These are treasured moments in programs because when two people start experiencing the same thing or have moments that tie into one another during an exercise, it means they are connecting in nonordinary ways, providing evidence that there are always more wonderful things to learn about—personally, transpersonally and scientifically. As consciousness explorers, new experiences and journeys through the unknown provide endless opportunities to discover more about ourselves—and existence itself.

So, I challenge you in your next program to look for these little coincidences or synchronicities that can strengthen the connection among all in your group. It's an exceptional way to enhance your Monroe experiences!